

# SIMONE BERGER

BEHAVIOURAL SPECIALIST AND COACH (PCC)



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UNIVATION



## PROFILE

Simone has a natural knack for seeing through complexity. She shifts limiting behavioural patterns by harmonising the core causes. Her passion is to bring leaders a sense of ease, clarity and confidence.

Simone's experience includes 15+ years in coaching and facilitating global teams. With a background in the corporate world, she understands the pressures that can distract leaders from self-agency.

She supports her clients to increase their FQ (future intelligence) levels, including creative thinking, adaptability, curiosity, resilience, and flow.

## ACCREDITATIONS / MODALITIES

2009

**Consciousness Coach**

CCI, Germany

2015

**U-Lab Somatic Solutioning**

Presencing Institute, Germany

2023

**Neuro-Linguistic Programming**

Action Factory, South Africa

2023

**Mindfulness**

Mindful Revolution, South Africa

2023

**Enneagram Typology**

Integrative 9, International

2024

**Enneagram Level 2 for Teams**

Integrative 9, International



"Simone is a gift to anyone in search of clarity. She has immense compassion and deep insight into our humanness. Her business experience combined with life lessons make for rewarding interactions that yield exceptional results." **Cindy Durston**

## COACHING STYLE / EXPERIENCE

Compassionate

Challenging

Practical



3500+ Coaching hours



PCC ICF Accredited

"Simone is an outstanding coach that helped me to refocus my energy from resisting into propelling me forward. Her process is empathic and present. I recommend her to anybody feeling stuck, wanting to grow or get into flow." **Ulrika Pretorius**

